

5th Annual Motion Challenge	15 minutes = 1 km
Pledge Form 🚽 🗳 🕷 🗱 🏍	A donor may pledge a \$ amount for each kilometer or donate a flat amount.

Participant Information	
Name:	Record all pledged money and donations on this form.
Age: 🗆 under 12 🗆 13-18 🗆 19-34 🗆 35-64 🗆 65+	Register before you begin collecting pledges.
Street Address/Box #:	
City/Town:	Three Ways to Register
Postal Code:	1. Phone: (705) 746-6996.
Home #: Cell #:	 Email: tgould@risercil.ca or admin@risercil.ca
Email:	3. Fax: (705) 746-2323.

Donor Information (Please Print Clearly)	Pledge Amount	Office Use Only
Name: Address/Box #: City/Town: Postal Code: Phone: Email:	\$	
Name: Address/Box #: City/Town: Postal Code: Phone: Email:	\$	
Name: Address/Box #: City/Town: Postal Code: Phone: Email:	\$	
Name: Address/Box #: City/Town: Postal Code: Phone: Email:	\$	

Donor Information (Please Print Cl	early)	Pledge Amount	Office Use Only
Name: Address/Box #: City/Town: Postal Co Phone: Email:	ode:	\$	
Name: Address/Box #: City/Town: Postal Co Phone: Email:	ode:	<u>\$</u>	
Name: Address/Box #: City/Town: Postal Co Phone: Email:	ode:	<u>\$</u>	
Name: Address/Box #: City/Town: Postal Co Phone: Email:	ode:	<u>\$</u>	
 INSTRUCTIONS 1. E-transfer all funds pledged or donated to: tgould@risercil.ca 2. When you have completed your Motion Challenge, email your pledge form to: tgould@risercil.ca 3. This form may be photocopied. 	Page 1 Subtotal \$	Page 2 Subtotal \$	TOTAL \$ E-transfer to: tgould@risercil.ca

Participant Waiver and Release of Liability

I, the undersigned, voluntarily agree to participate in the Motion Challenge fundraiser organized by RISE: Resource Centre for Independent Living, which supports individuals with disabilities. I understand that this event may involve physical activities such as walking, running, stretching, or other movement, and that such activities carry inherent risks, including the possibility of injury or illness. I hereby acknowledge and agree to the following terms:

1. Assumption of Risk

Participation is voluntary and may involve certain risks, including but not limited to injury, illness (including communicable diseases), or property damage. I accept full responsibility for such risks and participate of my own accord.

2. Release of Liability

I release and hold the Organization, its staff, volunteers, sponsors, and affiliates harmless from any liability, claims, or damages arising from my participation, including those arising from negligence.

3. Medical Condition

I affirm that I am in good physical health and can participate safely. I accept full responsibility for monitoring my health during the Event and consent to emergency medical treatment if needed.

4. Use of Images

I authorize the Organization to use photos, video, or audio taken during the Event for promotional or fundraising purposes, without the need for additional consent or compensation.

5. For Participants Under 18

A parent or guardian must sign this waiver.

Participant Signature: _____

_____ Date: _____

Parent/Guardian Signature (if under 18): _____

Date:
